

Welcome to the Mountain Health Team in Airdrie



Thank-you for choosing our clinic to help you feel better. Naturopathic doctors are primary care doctors that integrate standard medical diagnostics with a broad range of natural therapies, including botanicals (herbs), clinical nutrition, physical medicine, acupuncture and lifestyle counseling. Although naturopathic medicine can be used to treat symptoms, the goal is always to address the underlying cause by treating the whole person. When required, we will work in partnership with other regulated healthcare providers to ensure that patients receive the most effective care possible.

Informed Consent for Naturopathic Treatment

Statement of Acknowledgement

I, _____ *[print name]*, as a patient of the Mountain Health team, understand that the form of medical care is based on naturopathic principles and practices. I will inform my naturopathic doctor of all my health concerns, allergies, medications, supplements, and medical interventions, because safe care requires that I truthfully and completely disclose this information.

I will inform my naturopathic doctor if I become pregnant and/or if I am breastfeeding. As a patient of the clinic I understand that I am entitled to know about my diagnosis and treatment, including the costs, benefits, risks and potential side-effects. I am entitled to know the consequences of *not* accepting treatment and of alternative courses of action. I am always at liberty to seek or continue care from another qualified healthcare provider.

I understand that my identity will be protected at all times and if necessary, for research purposes, identifying information will be altered to protect my privacy. I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to anyone unless so directed by myself or unless law requires it. I understand that I may look at my medical records at any time and can request a copy of it by paying the appropriate fee.

I understand that although naturopathic treatments are generally safe and gentle, there may be health risks associated with some naturopathic treatments, including but not limited to:

- Some patients experience allergic reactions to certain supplements and herbs
- Pain, bruising or injury from venipuncture (taking blood for tests) or acupuncture
- Fainting or puncturing of an organ with acupuncture needles
- Muscle strains, ligament sprains or disc injuries from spinal or joint manipulations
- There is a very small potential for stroke in neck manipulation. Patients are thoroughly screened prior to any neck manipulations.

I understand:

- that the clinic does not guarantee treatment results. I do not expect the naturopathic doctor to be able to anticipate and explain every risk or potential complication.
- that my naturopathic doctor will explain to me the exact nature of any treatment provided
- that the Mountain Health Team cancellation policy requires me to cancel a booked appointment 24 hours prior to that appointment. If I fail to do so, a cancellation fee of 50% of the appointment fee will be charged.
- that I accept full responsibility for any fees incurred during care and treatment

PATIENT CONSENT

I have read and understand the above-stated policies and information. I intend this consent form to cover the entire course of treatment. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

Signature

Print Name

Date

Signature of Witness

FEE SCHEDULE

The following fees include your time spent with Dr. Mountain or Associate Doctors and the time required to research your particular health needs. The fees do not include the cost of prescription items or laboratory testing, as these are determined on an individual basis. Initial consultations are 1 hour and a standard follow-up appointment is 45 minutes. Further appointments are then available to best suit your time requirements.

Naturopathic Doctor Appointments:

New Patient Visit \$170 (up to 60 min)
New Patient Acute Visit \$96 (up to 30 min)

Follow-up Visit \$112 (up to 45 min)

Regular Visit \$85 (up to 30 min)
Extended Regular Visit \$145 (up to 60 min)

Physical Medicine and Spine Adjustment \$45 (15 – 20 min treatment. For current patients)

House call fee: \$45 added to appointment (house calls scheduled according to availability)

All appointments are GST exempt.

Laboratory Testing:

Prices vary depending on the test.

Special Rates:

Children 12 and under receive 20% off appointment fees
Students – receive 20% off appointment fees with a valid college/university student card
Seniors over 65 – receive 10% off appointment fees.

Note: New Acute, Spine Adjustment, 5 and 15 minute visits are not discounted

Cancellation policy:

Please provide at least 24 hours notice to cancel your appointment. Patients who miss appointments or who do not provide adequate notice are charged 50% of the missed appointment fee.

Fees and billing information:

Fees are subject to change. Also note that fees are not covered by Alberta Health Care and we do not direct bill. As such, you are responsible for the total charges incurred for each visit. If you have coverage for naturopathic medicine, we will provide you with all of the information necessary for you to send in your claim to the insurance company for reimbursement. Most insurance companies do not cover the cost of supplements.